

Opus 2024 Summer Class Schedule

July 8, 2024 - August 16, 2024

(last revised 05/31/2024)

	Monday					Tuesday					Wednesday				
	Studio A	Studio B	Studio C	Studio D	Studio E	Studio A	Studio B	Studio C	Studio D	Studio E	Studio A	Studio B	Studio C	Studio D	Studio E
3:30-4:00															
4:00-4:30					Ballet/Tap Combo (3-4) 4:00-4:45	Progressing Ballet Technique* Ballet IV/V/VI 4:15-4:45	Toddler + Caregiver Dance Class (walking - 2.5 years) 4:00-4:45	Ballet III-A/B 4:00-5:30			Ballet IV/V/VI +Pointe IV 4:00-5:45	Toddler + Caregiver Dance Class (walking - 2.5 years) 4:00-4:45	Progressing Ballet Technique* Ballet III-A/B 30-4:00 3.		Ballet/Tap Combo (5-6) 4:00-4:45
4:30-5:00															
5:00-5:30										Ballet/Tap Combo (3-4) 5:00-5:45					
5:30-6:00						Ballet IV/V/VI + Pointe IV 4:45-6:30									
6:00-6:30															
6:30-7:00						Pointe II 6:45-7:30									
7:00-7:30							Adult Beg Ballet 7:00-8:30								
7:30-8:00															
8:00-8:30															
	Thursday					Saturday					Sunday				
	Studio A	Studio B	Studio C	Studio D	Studio E	Studio A	Studio B	Studio C	Studio D	Studio E	Studio A	Studio B	Studio C	Studio D	Studio E
3:30-4:00															
4:00-4:30															
4:30-5:00	Ballet IV/V/VI + Pointe IV 4:00-5:45		Ballet III-A/B 4:00-5:45			Rehearsals 12:00-5:00 (Schedule Varies)	Rehearsals 12:00-5:00 (Schedule Varies)	Rehearsals 12:00-5:00 (Schedule Varies)			Rehearsals 12:00-5:00 (Schedule Varies)				
5:00-5:30															
5:30-6:00															
6:00-6:30	Pointe I 6:00-6:30		Pointe II 5:50-6:30												
6:30-7:00															
7:00-7:30												Adult Open Ballet 10:00-11:30			
7:30-8:00															
8:00-8:30		Adult Beg Ballet 7:00-8:30	Open Jazz/Lyrical (Jazz II-A - Jazz III) 6:45-8:00												

*Progressing Ballet Technique (PBT) is an innovative body-conditioning and strengthening program that has been designed to enhance students' technique by focusing on training the muscle memory required in each exercise in all forms of dance. It is a unique training system using ballet-technique specific exercises to train skill acquisition in a graded and progressive manner from junior through to advanced levels.